Firstaidpro

JELLYFISH STING

Quick Reference Chart — ANZCOR 9.4.5

CALL 000. Collapse · Not breathing · Severe pain · Cramping · Sweating · Sting on face/eye

DRSABCD → OUT OF WATER → KEEP STILL → NO RUBBING

WHICH ONE?

TROPICAL or UNKNOWN

NORTH OF BUNDABERG QLD / GERALDTON WA

TREAT AS LIFE-THREATENING

1. VINEGAR — FLOOD 30 SEC
2. PICK OFF TENTACLES
3. COLD PACK
4. WATCH 30+ MIN
5. CPR IF NEEDED

CLEAR BLUEBOTTLE

BLUE FLOAT · LOCALISED STING · STABLE

TREAT FOR PAIN

1. PICK OFF TENTACLES
2. RINSE WITH SEAWATER
3. HOT WATER 43–45°C · 20 MIN
4. OR COLD PACK IF NO HOT WATER

NEVER:

FRESH WATER
VINEGAR ON BLUE BOTTLE
RUBBING
URINE / ALCOHOL
PRESSURE BANDAGE

HOT = BLUEBOTTLE ONLY

COLD = EVERYTHING ELSE

IRUKANDJI
WATCH 30 MINS

Tiny sting → delayed crash (5–40 min)

Cramping · Sweating · Vomiting · "Doom" feeling → **CALL 000**

For educational use only. Always follow the current ANZCOR Guideline 9.4.8 at anzcor.org. Guidelines may be updated at any time. This guide does not replace formal first aid training.
Book your First Aid Training today at: https://www.firstaidpro.com.au/