

PRESSURE IMMOBILISATION TECHNIQUE (PIT)

First Aid Guide for All Australian venomous creatures
Snakes | Blue-ringed octopus | Cone shell | Funnel-web spider

CALL 000 FIRST. EVERY TIME.

HOW TO APPLY PIT

1

STOP ALL MOVEMENT

Tell them to stop. Do not let them walk. Every step pumps venom through the body faster. Sit or lie them down. Keep them there.

2

BANDAGE THE BITE SITE

Use an elasticised bandage — 10 to 15 cm wide. Wrap firmly over the bite site right now. Can't slide a finger under it easily? Good. That's the right pressure. No bandage? Use clothing, torn fabric — anything firm.

3

BANDAGE THE WHOLE LIMB

Start at the fingers or toes. Wrap upward in overlapping turns. Cover as much of the limb as you can. Wrap over clothing if needed.

4

SPLINT THE LIMB

Lock the limb completely still. Splint above and below the bite. Use a board, sticks, rolled-up clothing — whatever you've got.

5

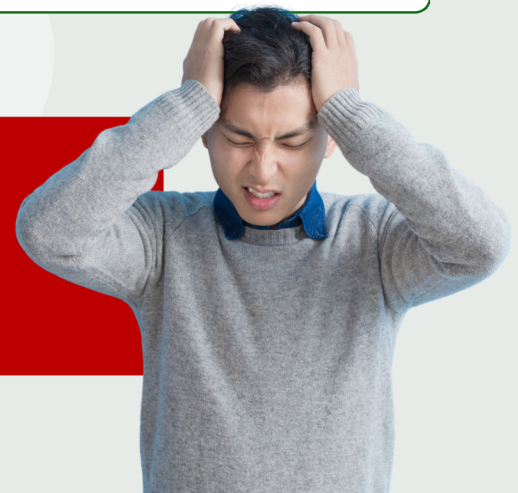
STAY STILL AND WAIT FOR HELP

Lay them flat. Keep them calm. Watch their breathing constantly. Do NOT remove the bandage or splint until they are at hospital.



WATCH FOR THESE DANGER SIGNS

- Headache, nausea, or vomiting
- Blurred or double vision
- Drooping eyelids or slurred speech
- Difficulty breathing or swallowing
- Collapse or stops breathing → **START CPR NOW**



REMEMBER — THREE THINGS SAVES LIVES: PRESSURE. IMMOBILISE. CALL 000.