

- Corporate Groups
- Tradesmen
- Health Professionals
- Aboriginal Health
- Hospitality
- Schools
- Child Care
- Anyone who wants to save a life



## **APPLIED FIRST AID (Senior) HLTF301C - COURSE OVERVIEW**

This course is our most comprehensive and popular First Aid Course available. Apply First Aid is the minimum qualification required by the Workplace Health and Safety legislation for the workplace First Aider.

We are pleased to provide the following information regarding the above courses. These courses teach the fundamental principles, knowledge and skills to enable the first aider to provide emergency care for injuries and illness, in the home or the workplace.

### **Units of Competency**

Apply First Aid - HLTF301C

Perform CPR - HLTCP201B

Provide Basic Emergency Life Support - HLTF201B

*Also includes Defibrillation (AED) and EpiPen Training.*

### **Format**

- ✓ One Day Course
- ✓ **NO** pre/post workbook or online time to complete
- ✓ Certificates issued on same day
- ✓ Courses tailored specific to industry
- ✓ Training delivered by professional nurses
- ✓ Group onsite training at no extra cost
- ✓ Proudly SA owned and operated

### **Topics Covered**

- ✓ Management of the unresponsive victim.
- ✓ Resuscitation/*includes Defib*
- ✓ External bleeding - Trauma and Shock
- ✓ Respiratory Emergencies
- ✓ Cardiac Emergencies
- ✓ Fractures, dislocations and soft tissue injuries
- ✓ Head and spinal injuries
- ✓ Diabetes
- ✓ Epilepsy / Convulsions
- ✓ Envenomation, poisoning and allergic reactions
- ✓ Burns and other thermal conditions
- ✓ Monitor the condition of the victim
- ✓ Follow relevant procedures for recording first aid

### **Entry Requirements & Pre Requisites**

- ✓ No pre-requisites

Phone: 08 8372 7889 Mobile: 0418 744 173 [courses@firstaidpro.com.au](mailto:courses@firstaidpro.com.au)

See our list of upcoming courses or inquire about a course tailored to suit you now: [www.firstaidpro.com.au](http://www.firstaidpro.com.au)



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### Assessment

Firstaidpro offers hands on approach with progressive assessments through the course including multiple choice questionnaires. This is competency based training so our aim is to provide you with a total understanding of Senior First Aid.

### Award

Upon successful completion of the course a Nationally Recognised Statement of Attainment Certificate will be issued which is valid for 3 years as per the Australian Resuscitation Policy. The CPR component of this certificate is valid for 12 months. Certificates are issued on same day of training.

### CPR- HLTCPR201B -COURSE OVERVIEW

This course is one of our most requested First Aid courses available, specifically covering the ability to administer CPR or Cardiopulmonary Resuscitation.

It will provide you with an understanding of how to apply basic emergency life support / CPR, until more advanced medical help arrives.

### This unit incorporates the content of Units

- ✓ Perform CPR - HLTCPR201B
- ✓ Provide Basic Emergency Life Support - HLTF201B

### Course Content

- ✓ Respond to signs of an unconscious casualty
- ✓ Management of unresponsive victim
- ✓ Airway management
- ✓ Cardiopulmonary Resuscitation
- ✓ Complications with Resuscitation
- ✓ Cross Infection
- ✓ Operate a Defibrillator (AED)

### Entry Requirements & Pre Requisites

There are no pre-requisites

### Assessment

Firstaidpro offers hands on approach with progressive assessments through the course including multiple choice questionnaires. This is competency based training so our aim is to provide you with sound skills and knowledge of CPR.

### Award

Upon successful completion of the course a Nationally Recognised Statement of Attainment Certificate will be issued which is valid for 1 year as per the Australian Resuscitation Policy. Certificates are issued on the same day of training.

### Bookings

Please continue with the [online booking process](#) for [corporate enquiries](#).

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